

**PRICE LIST IN EURO
(DO NOT INCLUDE VAT)
LODGINGS**

| SEASON | SINGLE ROOM | DOUBLE ROOM | SUIT |
|-------------------------------|-------------|-------------|------|
| A. 03.01-31.03 01.11-22.12 | 25 | 33 | 45 |
| B. 01.04-30.04 | 28 | 35 | 55 |
| C. 01.05-30.06 01.09-31.10 | 32 | 38 | 60 |
| D. 01.07-31.08 | 38 | 45 | 70 |

Single guest pays for double or suit room with 10 percent discount.

LODGINGS "all inclusive"

SEASON A - RECOMMENDED 15 DAY STAY - 690

SEASON B - RECOMMENDED 15 DAY STAY - 720

SEASON C - RECOMMENDED 15 DAY STAY - 755

SEASON D - RECOMMENDED 15 DAY STAY - 855

7 DAYS STAY - 50 PERCENT OF A/M PRICES

"ALL INCLUSIVE" - 15 days formula price is the cheapest option as it includes about 75 therapy procedures and consultations of professors of Medical Academy - cardiology and rehabilitation, neurology, ENT, blood disease, radiology and radiotherapy. Everyday doctor's examination.

FOOD: BREAKFAST AND DINNER IN A FORM OF BUFFET + LUNCH COFFE, TEA AND MINERAL WATER - AT ANY AMOUNT - 12

LIST OF TREATMENT PROCEDURES

| NAME | PRICE |
|---|-------|
| 1. Manual therapy - with precise diagnosis of a source of pain | 10 |
| 2. Manual therapy - Non - invasive recovery of correct joint, vertebrae and muscle mobility - 30 min. | 15 |
| 3. Analysis of complaints in limb joints and within the spine - 30 min. | 15 |
| 4. Partial massage - of so called one point i.e. pelvic or thoracic limb or girdle of a limb or part of spine | 2 |
| 5. Manual massage wider option - i.e. 2 points - 1 point means pelvic or thoracic limb or part of spine | 4 |
| 6. Manual massage of whole spine | 15 |
| 7. Manual lymphatic massage - 10 min. | 5 |
| 8. Manual lymphatic massage - 20 min. | 8 |
| 9. Automatic underwater massage of limbs | 6 |
| 10. Whirling massage of limbs | 4 |
| 11. Power shower | 5 |
| 12. Needle shower - bath | 4 |
| 13. Brine bath | 4 |
| 14. Pearl bath | 3 |

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| 15. Pearl bath with aromatherapy | 4 |
| 16. Sauna | 4 |
| 17. Laser | 4 |
| 18. Cryotherapy - (1 point) for example one knee's joint any next body's point 50 percent of the price | 4 |
| 19. Individual psychotherapy | 13 |
| 20. Galvanisation | 2 |
| 21. Ionophoresis | 3 |
| 22. Diadynamic currents | 2 |
| 23. Traubet's currents | 2 |
| 24. TENS | 2 |
| 25. Interference currents | 2 |
| 26. Kotz's currents | 2 |
| 27. Team gymnastics | 1 |
| 28. Individual gymnastics | 2 |
| 29. Passive and active - passive exercises by a therapist - 30 min. | 10 |
| 30. Individual active exercises - 30 min. - stabilisation exercises - co - ordination exercises - slow exercises - isometric exercises - using bars - active with relief (and resistance) | 4 |
| 31. Apparatuses exercises - 60 min. - stepper - ergonometer - skier - running track - atlas | 3 |
| 32. Phototherapy | 3 |
| 33. Colour therapy | 4 |
| 34. Ultrasounds - 1 point | 3 |
| 35. Multifunctional sports field - tennis, basketball, volleyball, handball | FREE OF CHARGE |
| 36. Hipotherapy - 30 min. programme of exercises | 12 |
| 37. Coupon for 10 exercises | 112 |

IV. ADDITIONAL SERVICES FOR RESIDING GUESTS. ADMISSION TO:

| | |
|------------------------------------|----------------|
| 1. Car park | FREE OF CHARGE |
| 2. Hiring of bicycle, deck - chair | FREE OF CHARGE |

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| 3. Availing of Winter Garden, tee - and coffe service | FREE OF CHARGE |
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**Our Winter Garden
PAYABLE SERVICES:**

Laboratory tests

Additional consultation on cardiology, neurological, orthopedy, ENT, haematology etc.

Payable sightseeing trips in small groups to attractive historic places: heritage sites from UNESCO list: Teutonic Knights castle in Malbork and Old Town of Torun, monastery in Swieta Lipka, sanctuary Gietrzwald, Hitler's war headquarters in Kwidzyn, Danzig, Skansen museum in Olsztynek, Museum and battle field in Grunwald.

Whole day cruise by yacht (5) on the longest Polish lake "Jeziorak" - 60 Euro for 5 persons

Angling on the river Drweca

| HOURS RIDING | PRICE |
|--|--------------|
| 1. On the yard - 1 h | 5 |
| 2. On the forest and green area - 1 h | 7 |
| 3. A drive by a chaise - 1 h | 12 |
| 4. A drive by the antique duke's carriage (18th century) - 1 h | 37 |
| 5. Sledging by the antique sleigh - 1 h | 12 |